

Mary Wise

menu and shopping guide



UMMM, GOOD! That's what the family will say when you top off dinner with this elegant Raisin Mocha Meringue Pie. It's a winner every time.

New Meringue Pie

What's the secret of this glamorous Raisin Mocha Meringue Pie? It's the seedless raisins which are simmered in instant coffee for 5 minutes. After cooling, raisins are folded into a creamy chocolate mixture and whisked into a meringue shell.

Raisins are a popular convenience food. Pop them into breads, pies and cakes — they have a way of making these baked goods "extra special."

In 21 days of sunny hours, a grape becomes a raisin. The majority of raisins produced in California's San Joaquin Valley come from the Thompson Seedless grape. Four pounds of fresh grapes are required to produce one pound of raisins.

Grapes that produce golden raisins are dried indoors, whereas those that make dark raisins are sun-dried.

RAISIN MOCHA MERINGUE PIE

- 1 1/2 cups California seedless raisins
- 1 cup water
- 2 tsp. instant coffee
- 1 6-oz. pkg. semi-sweet chocolate pieces
- 1/2 pt. whipping cream
- Meringue shell

Simmer raisins, water and instant coffee 5 minutes. Cover and let stand until cold; drain. Melt chocolate over warm water. Whip cream until barely stiff. Fold warm chocolate into cream slowly. Fold in

raisins. Turn into Meringue Shell. Chill thoroughly. Makes one 9-inch pie.

MERINGUE SHELL:

Beat 4 egg whites with 1/4 tsp. cream of tartar and 1/4 tsp. salt until stiff. Gradually beat in 1 cup sugar, adding a tablespoon at a time. Continue beating until very stiff and shiny. Blend in 1 tsp. vanilla. Spread in bottom and sides of buttered 9-inch pie plate. Bake at 375 degrees for about 1 hour. Turn off heat, open oven door and leave in oven 1/2 hour. Cool thoroughly before filling.



ONION ROLLS are flavorful and satisfying. They are wonderful served with a stew or pot roast. For a hearty snack, serve with fresh fruit. Or slice rolls across and fill with ham or luncheon meat for a superb sandwich.

Easy Onion Rolls

Flavors of onion and cheese blend with the aroma and goodness of fresh-baked rolls to make these Onion Rolls a real taste treat. Made with frozen ready-to-bake bread, they're easy and inexpensive.

ONION ROLLS

- 1 loaf (1 lb.) Bridgford frozen ready-to-bake bread
- 2 tbs. chopped onion
- 2 tbs. butter
- 1/2 cup grated cheddar cheese
- 1 tbs. poppy seeds
- 1 tbs. Parmesan cheese

Best method to thaw frozen loaf: Remove a loaf from the bag in freezer. Brush entire loaf with melted butter or shortening. Leave in refrigerator 6 hours or overnight. A frozen loaf (not spread with butter or shortening) can also be placed back in the plastic bread bag, closed and thawed in the refrigerator. If you are in a rush, use either method but leave loaf

at room temperature until soft and pliable, about 1 to 2 hours.

Roll dough to 8"x12" size on lightly floured board. Cook onion in butter until onion is slightly transparent; spread over dough. Beginning with 12" side, roll dough like a jelly-roll and seal edge. Cut into 12 slices about 1" thick. Place in a greased 10" pie plate or a greased 9"x9" baking dish. Sprinkle with additional Parmesan cheese. Let rise in warm place (80 to 150 degrees) until tripled in bulk. Bake 375 degrees 20 to 25 minutes or until done. Remove from pan and cool on rack.



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IN CHARGE OF SPIRIT... Leaders of the Bishop Montgomery High School Drill Team, the Knightettes, are in charge of spirit on the Montgomery High campus during the school year. The team performs at every home football game and also makes special appearances at other school events. Pictured demonstrating one of the routines are (clockwise from lower left) Kathy Brierley, first captain; Charlotte Campbell, colonel, and Diane King, second captain.

Lecture Slated At North High

John Wilkinson of the Center for the Study of Democratic Institutions, Santa Barbara, will present one of a series of lectures on "The Technological Society" Monday at North High School. Enrollment in Bishop Montgomery High School, 3430 Torrance Blvd., reached 1,245 last week. Tickets for the lecture, to be held at 7:30 p.m. in Room 228 are \$2.75 each. The program is sponsored by the University of California Extension.

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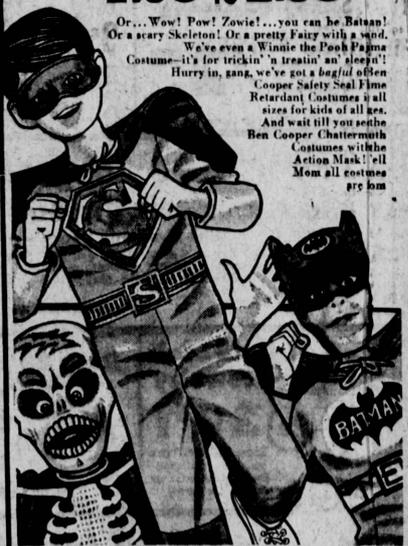
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